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Healthwatch West Berkshire

First Quarter Report to Health and Wellbeing Board

April - June 2013

A service delivered by



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Executive Summary

Healthwatch West Berkshire has been in the spotlight, particularly with Healthwatch England since its launch as the 'first' officially working and constituted Healthwatch in the UK on 18 March 2013. Indeed by 1 April, the commencement date for service of Healthwatch nationally, Healthwatch West Berkshire had a full complement of directors both executive and non-executive, a dedicated office in Newbury and a fully functional administration together with a comprehensive 'cogs and wheels' service provided by Family Resource Centre UK.

Our success has been due mainly to the robust structure of the service model that has been constructed for Healthwatch West Berkshire that serves to drive Healthwatch via its governance and also largely in part to the service model being lead and managed by a single organisation - Family Resource Centre UK. The advantage of a single organisation providing the lead is that the very tight budget can be applied across the entire functions of a mature organisation. Thus applying to the delivery model portions of time from multiple skill sets such as marketing, design, IT, governance, training, finance etc rather than having to rely on the limited skill sets of what would be a very small team if the budget had to wholly support specific salaries as well as overheads. For West Berkshire, this has worked well and Family Resource Centre UK has been able to apply its full office backup as well as the added value and social resources of local knowledge, regional profile and extensive network.

The website that is used by Healthwatch West Berkshire has been wholly developed and deployed by Family Resource Centre UK. The Healthwatch England free 'website in a box' was found to have many problems and poor functionality once deployed. Therefore, although this was an initial drain on resources, it has proved very worthwhile and we are now one of the top functioning websites for Healthwatch in England. We also have an excellent social networking side via Twitter and Facebook, thereby ensuring our web presence has high visibility both locally and nationally.

Since this is the first quarterly report, it would be good to note that Healthwatch West Berkshire (CIC) Ltd is a standalone community interest company registered at Companies House. The executive directors are:

- John Ellis Chairman of Family Resource Centre UK and a Business and HR Consultant
- Heather Hunter Economist and Chief Executive of Family Resource Centre UK.

The recruitment of non-executive directors was made via an open recruitment procedure and full job descriptions were issued with the advertisements which went West Berkshire wide through local papers, charity networks and business news. There were six applications for roles but one applicant was found not to be eligible and after a robust interview procedure the following persons were selected:

- Dr Adrian Barker consultant and researcher who we have appointed to represent West Berkshire at Healthwatch England meetings. Adrian also attends other meetings such as the Clinical Commissioning Group.
- Lady Emma Stevens a full time carer for her husband with dementia, Emma represents Healthwatch West Berkshire on the Health and Wellbeing Board.
- Waheeda Soomro Chief Executive of an organisation that represents ethnic minority interests. Waheeda has been elected the Non-Executive Chairman.
- Martha Vickers a retired Health Visitor and Town Councillor of many years standing. Martha will take an active role and is the officially appointed spokes person if required.
- Samantha (Sam) Silvester a nutritionist with a passion for children and young people's health and wellbeing.

The leading support personnel for this contract are all employed by Family Resource Centre UK:

- Heather Hunter Lead Officer
- Man Lui Clark Development and Outreach Officer
- Jackie Mullinger Administration
- Faith Sanderson Marketing and Development

There is a full Rolling Operational Plan (ROP) that is reviewed fortnightly to ensure that the implementation of services is on track and that internal as well as external matters are reviewed. The plan to date with its relevant notes is in Section 1 of this report.

Together with the Implementation Plan there is a Marketing and Development Plan that has been approved by the Board.

Heather Hunter Lead Officer July 2013

Section 1 - Implementation/Rolling Operational Plan

	Performance	Evidence of Achievement						
Objective	Indicators	First Quarter April to June	Planned Activity					
A. Development Phase mid February to March 31 st 2013 Pre-delivery								
Structure and governance of delivery vehicle to be agreed and completed with commissioners	commissioners in early march and presented to the	The Healthwatch CIC was formed and registered at Companies house in March. Advertisement, interview and selection of non-executive board was complete by April the 1 st . All relevant board roles were allocated and three meetings have taken place. A head of the Healthwatch Champions board was appointed in May and the chairman of that board also attends the main Healthwatch board meetings.	Healthwatch is driven by its governance and the structure requires monthly review of targets and responses to complaints or actions monitored. The monthly Board meeting serves to monitor progress and engagement activity on a regular basis.					
Obtain sign off approval of operating model from national Healthwatch	operative from March and	The acceptance of the CIC as registered by Healthwatch and its inclusion in the final contract between West Berkshire Council and FRC UK notes that Healthwatch West Berkshire CIC Ltd is the delivery vehicle.	No further active amendment or change to the current registration is planned.					
Setup of website/s and social networking sites - obtain domain name from national healthwatch	Website set up. Social Media Set up.	 Domain name obtained from healthwatch England. Website set up and full operational since mid March 2013. To date over 780 visits to the site, over 4700 pages views with 61.7% new visitors <u>www.healthwatchwestberkshire.co.uk</u> Social networking sites on facebook and twitter set up and operational. Over 300 followers combined over both sites - with exposures, reposts and retweets reaching followings of over 3000 on reposts of outreach/event tweets <u>www.facebook.com/healthwatchwestberksh</u> <u>ire</u> www.twitter.com/healthwwberks 	 Using the analytics on a monthly basis to further develop and update the site. Use targeted online campaigns to target responses to those who use online media. Test, analyse and improve current reach and remit 					
Liaise with national Healthwatch to gain access to database	 Liaise with National Healthwatch Access a central database 	 Healthwatch West Berkshire active members of the healthwatch HUB: sharing and information facility for local healthwatch organisations Published on Healthwatch England main site to direct traffic to our own site 	 Establish outcomes and information uses/ needs on main Healthwatch England hub. 					
Setup internal administrative structure including, training and telephone support	Administration structure in place. Training and	 Healthwatch West Berkshire administration team selected Project set up, assessment and delivery planning in place. Training of new members of the administration and outreach teams 	 Monthly meetings take pace with all administration and project team members to be advised and informed 					

	Performance	Evidence of Achievement	Planned Activity
Objective	Indicators	First Quarter April to June	r tanned Activity
from day one to assist new stakeholders as well as clients	support in place.	 carried out over 1 week Telephone support and operational administrative team was ready and place ready for launch date. Training included: background information of Healthwatch, local and national impact, handling of calls and signposting of information, complaints referral and gathering of information, dealing with difficult calls, local demographic knowledge, safeguarding and working with people with additional needs. 	of: any changes, feedback and improvement of services, complaints, improvements, new updates in regard to signposting and any local / national developments affecting the service.
Meet with LINk to establish transition process and data capture	Meeting with LINks established - sharing of data and transition progress agreed	 Sharing of contacts (400) eventually shared after chasing for information LINks Legacy document was never written by LINk Manger, FRC employed Man Liu Clark formerly with LINk, she is highly knowledgeable of the local area and work carried out by LINks. Man Liu Clark was employed by Family Resource Centre UK to work on Outreach, development of the project and engage with communities. 	 Man Lui working on furthering the development of Healthwatch West Berkshire in conjunction with any information and data carried over from LINk A recent request has been made for all missing information to be handed to Healthwatch West Berkshire
Briefing of FRC staff	Staff briefings	 Staff teams within Family Resource Centre where briefed on all areas of the new Healthwatch West Berkshire CIC Staff within the Charity whether involved with the project or not all joined the training given to the Healthwatch administration team to better understand the new project. 	 All FRC teams attend the monthly meeting at the charity and hear about monthly stats, developments, improvements and any changes which would impact them.
Recruitment and training of Local Healthwatch champion/s from other organisations	Recruitment of Champions.	Recruitment made for the Chairman of the Healthwatch Champion board - Champion board chair is Mr John Holt. Recruitment made of over 10 key Healthwatch Champion community representatives.	Training course set for new champions - safeguarding, outreach, communication, disability awareness and governance.
		John Holt heading up forming HW Champion board, who will then decide on further recruitment and training of Local	Healthwatch Champion board - further development with its new

Objective	Performance	Evidence of Achievement	Planned Activity
Objective	Indicators	First Quarter April to June	
Training of EDC staff	All staff who	Champions. Several staff are available to answer the	chair. Campaign for new Champions with planned activity.
Training of FRC staff to be Local Healthwatch advisors	answer the	telephones and all are trained in Healthwatch triage of calls. All staff are aware of the referral system and have a list of possible areas for signpost including SEAP	As new aspects of Healthwatch arises the telephone operatives are brought up to speed on new matters or made aware of possible issues
Communication and Marketing strategy development	Formation of a communication and marketing strategy	Full Communication Marketing Strategy already implemented, presented to Healthwatch board. Achievement of first part already underway in current event, outreach and work. Full Marketing Strategy and plan included from Page 12.	Work being carried out methodically in accordance with the communication and strategy doc. This document is organic and has all current feedback and outcomes of activity fed back into the strategy document so best marketing practice can be achieved in accordance to response.
Local mapping and research exercise into groups and organisations	Quality and comprehensive information of groups.	Large database source has been gathered from March - present continually being updated. Currently data source at over 500 organisations including (surgeries, Dentists, health centres, Children's Centre's, Community groups, schools, Community groups, Charity organisations etc.). Mailout - mailing to Health related organisations complete.	Ongoing - ensuring quality of data.
	Detabas :	Charity organisations - all contacted and healthwatch West Berkshire introduced.	Fourth and the later of
Development of data base	Database in usable and readable format	Comprehensive Database gathered. The resource and outreach team continually adding to and updating this database list.	 Further development, approaching other organisations to share data and to use to

	Performance	Evidence of Achievement	Planned Activity
Objective	Indicators	First Quarter April to June	Flaimed Activity
		Tailored and targeting information already sent to health groups gathered on database.	distribute further targeted information. - Targeted partnership campaign planning for this summer using database as per HW 3 rd Board meeting.
Website testing	Website launched	Website launched before 1 st April 2013. Analytics being gathered for first quarter to implement into changed to main site. Website most visited - Get involved, Volunteer, news and events. Working with this to change the look of the site to include what viewers are looking at most. Integrate the analytics into how we re-shape the content. Visits to site include: 843 visits, over 5000 page views, 38.3% returning visitor, 61.7% new visitors.	 Integrate analytics and most visited into page changes and updates Running a web survey on the functionality of the site and implement changes. Ongoing
Stage 1 consultation survey	Surveys sent out	Survey / Poll	Areas for the summer outreach work:-
Community engagement events	Events booked / responses logged and analysed. Improvement made for further	Opinion poll on 'health priorities' launched in May/June which is now closed - first opinion poll survey - 70 applicants responded. Breakdown of full survey attached to report. Full report Pg. 34 Second opinion poll on 'social care' priorities agreed at 3 rd HW board meeting, finalisation of questions and mail out in July.	Locations and further work being researched for areas within: Lambourn, Pangbourne, Chievely and Thatcham. More research into good locations / responses.
		Events 1 x pre engagement event for voluntary organisations on the 6 th March with over 30 groups attending over 2 sessions. These same groups + other voluntary organisations as per the Healthwatch West Berkshire database have all been contacted and receiving a new 'partnership campaign' which was agreed at the July board meeting. Events - carried out Joint Event with Healthwatch West	Booked 12 th August Lambourn Co-op Outreach stand Rural area locations also being gathered as meetings progress with different community organisations. Outreach for later in the year which is already booked:- Booked Stand at the
		Joint Event with Healthwatch West Berkshire and WBILN ' Keep caring and carry on' - 14 th June - 14 speak out forms	Booked Stand at the Newbury Community Hospital / week to engage with patients and

Objective	Performance	Evidence of Achievement	Planned Activity
objective	Indicators	First Quarter April to June	ŕ
		completed and information given out Culture Fest - 29 th June - 23 speak out forms/views gathered. 8 new champions. 1 st July - Newbury Tesco 13 outreach. forms completed + new member forms gathered. 8 th July - Hungerford Tesco : 17 forms gathered. Good engagement with community.	staff. 2 dates spanning w/c 23 rd September and w/c 25 th November. Newbury Show in September
Join and attend local Clinical Commissioning Group meetings	Join the CCG meetings	 CCG meeting attended on the 2nd May - by Adrian Barker our HW International and Local Representative board member and Man Liu Clark our Development Manager. Adrian Barker has just attended the most recent CCG group meeting on the 11th July 	Healthwatch will attend any future meetings where it is appropriate for HW to be there.
Join and attend shadow Health & Well Being Board in preparation of launch of full Health & Well Being Board	Attend appropriate meetings	The Health and Wellbeing board meetings attended: 25 th April: Lady Emma Stevens & Natausha Van Vliet 23 rd May: Dr Adrian barker 25 th July - Heather Hunter - HW Lead Attending	Attendance of all future Health and Well Being Baordmeetings will be attended.
Community engagement work	Out in the community doing outreach. Attending events and contacting groups.	 Community Outreach and events programme in operational. All events produced / feedback / engagement detailed in phase 1 above. 	 Future events and 'on the road' outreach planned in marketing strategy
Promotion of Local Healthwatch to wider community acknowledging marketing and branding guidelines	Promotional work taking place. Using Healthwatch guidelines. Many new promotional items designed.	 All new promotional items designed, proofed and printed. Differentiating publications as per groups being targeted. Promotional materials produced include: Key message groups brochures, leaflets, A4 and A3 posters, healthwatch champion registration forms, HW Speak out forms and advertising outreach stand pull up banners. Please find examples in Appendices from Pg 60 	 'Partnership campaign' which will be launched over next few months to promote Healthwatch to groups. Further use of the HW database to target and promote healthwatch to varying demographic

	Performance	Evidence of Achievement	Planned Activity
Objective	Indicators	First Quarter April to June	Fidilited Activity
		 Printed materials have also included all new branded HW business cards for Board members Database has been used to promote healthwatch, send out promotional and informative material to GP surgeries, healthcare organisations and charities. Promotional materials used, given out at events and outreach. 	
Continued attendance of statutory meetings	Attendance of meetings	 All current and up-coming meetings are logged within out Healthwatch West Berkshire shared drive. All board members can access this and log their attendance. This achieves a good coverage of current and future events to ensure a HW presence Please refer to the Events and meeting agenda document included on Pg.22 	 Future meeting dates and attendees are listed in the events and meetings document attached in the 1st quarterly report Attendance of all 'open' meetings which are appropriate for Healthwatch to attend. Non- attendance of 'closed meetings' unless under invitation as advised by the CQC so as to remain an independent body.
Implement all national structural changes in governance	Implementation of structural changes in governance.	 Healthwatch England share all changes and information with Healthwatch West Berkshire through regular informative emails / plus through the hub Any structural changes in governance that need to be implemented will be actioned accordingly through Healthwatch West Berkshire (brought to the board and best methods of information distribution agreed). 	 Monitoring of online media and headlines Monitoring of all email communication from Healthwatch England and governing bodies Actioning of changes as needed
Implement all national structural changes for delivery	Implementation of national structural change for delivery	 Healthwatch England share all changes and information with Healthwatch West Berkshire through regular informative emails / plus through the hub Any structural changes for delivery that need to be implemented will be actioned accordingly through Healthwatch West Berkshire (brought to the board and Healthwatch project team to best action any changes for structural delivery). 	 Monitoring of online media and headlines Monitoring of all email communication from Healthwatch England and governing bodies Actioning of changes as needed
Meet with commissioners to review processes and delivery model	Meeting with commissioners on current and future delivery	 First quarterly report being submitted for review 	 Presentation of report and findings processes reviewed

Objective	Performance Indicators	Evidence of Achievement First Quarter April to June	Planned Activity
Meet with local stakeholders to update them with any national changes that will impact locally	Meeting with local stakeholders	 We ran a joint event in June with WBILN the aims were to identify and understand the: Impact of welfare reform and budget restraint; Challenges for voluntary and community organisations; Opportunities for working together. 	 Further reform changes, or national changes which impact West Berkshire stakeholders will also result in further information sharing events and meetings
Establish steering group	- Steering groups established	 The Healthwatch West Berkshire non- executive board member have all been elected and now completed their 3rd Board meeting The Healthwatch Champion Chair of the board elected and active member of the board. Currently going through plan of action with current champion sign ups to form a public steering group. 	 Formation of Healthwatch Champion network well under way, continue this structure moving forward.
Continued networking	Attending meetings / events / speak at groups and other places of interest	 Over 15 meetings attended in the local area, with successful networking of local people, groups and organisations Networking opportunities given from events and outreach stands set up locally. Talks and meetings now offered to local groups and charity meetings. 	 Ongoing attendance where appropriate 'Where appropriate' may in the future be restricted to 'public' boards
Submit quarterly report	Submitting report	 Quarterly report for the first quarter April to June being submitted 	 Working with on- going implementation, feedback and improvement to deliver on strategy and specification.
Regular information sharing with Healthwatch England	Sharing information	 Healthwatch West Berkshire are active members of the Healthwatch England Hub which is an information share facility Healthwatch West Berkshire are carrying forward an investigative report which has Healthwatch West Berkshire in direct dialogue in terms of this report with Healthwath England All Healthwatch England regular updates sent through to Healthwatch West Berkshire 	 Any National issues or updates which need distributing locally will be shared and publicised Continued and ongoing information sharing and distribution

The above report is based on the implementation plan contained in the original tender document as follows:

Local Healthwatch West Berkshire Family Resource Centre UK Project Implementation Plan (Ref Method statement 1)

Award of contract: January 28th 2013

Development phase - mid February to March 31st 2013 Pre-delivery:

- Structure and governance of delivery vehicle to be agreed and completed with commissioners
- Obtain sign off approval of operating model from national Healthwatch
- Setup of website/s and social networking sites obtain domain name from national healthwatch
- Liaise with national Healthwatch to gain access to database
- Setup internal administrative structure including, training and telephone support from day one to assist new stakeholders as well as clients
- Meet with LINk to establish transition process and data capture
- Briefing of FRC staff

Phase 1:

- Recruitment and training of Local Healthwatch champion/s from other organisations
- Training of FRC IAG staff to be Local Healthwatch advisors
- Communication and Marketing strategy development
- Local mapping and research exercise into groups and organisations
- Development of data base
- Website testing
- Networking
- Stage 1 consultation survey
- Community engagement events 3 will be held on different days and times to accommodate all members of the community
- Stage 1 consultation evaluation and report
- Join and attend shadow Health & Well Being Board in preparation of launch of full Health & Well Being Board in April 2013
- Join and attend local Clinical Commissioning Group meetings
- Submit first report

Phase 2: Implementation/transition phase April 2013 - June2014

- Community engagement work
- Promotion of Local Healthwatch to wider community acknowledging marketing and branding guidelines
- Continued attendance of statutory meetings
- Implement all national structural changes in governance
- Implement all national structural changes for delivery
- Meet with commissioners to review processes and delivery model
- Meet with local stakeholders to update them with any national changes that will impact locally
- Establish steering group
- Continued networking
- Submit quarterly report
- Regular information sharing with Healthwatch England

Phase 3 - Continued service delivery July 2013 - March 2014

- Continued development of database
- Launch of website
- 3 more Community Engagement events (developed using feedback from earlier events)

- Recruitment drive for volunteers and Local Healthwatch Community Ambassadors/Champions
- Roll out of outreach programme via Healthwatch champions
- Community engagement work
- Promotion of Local Healthwatch to wider community acknowledging marketing and branding guidelines
- Continued attendance of statutory meetings
- Regular database cleansing
- Quarterly user satisfaction surveys
- Submit quarterly reports
- Regular consultation with citizens of West Berkshire on areas being commissioned and service delivery and development in line with local agendas
- Analysis and report writing
- Regular information sharing with Healthwatch England

Section 2 - Marketing and Development Plan

Areas within West Berkshire

Outreach carried out:-

Culture Fest - Saturday 29th June 2013.

- Good response from the public here, over 23 speak out forms and views gathered. 7 Healthwatch Champions / local representatives wanting to take part and work in their communities. Meetings requested for various rotary clubs.

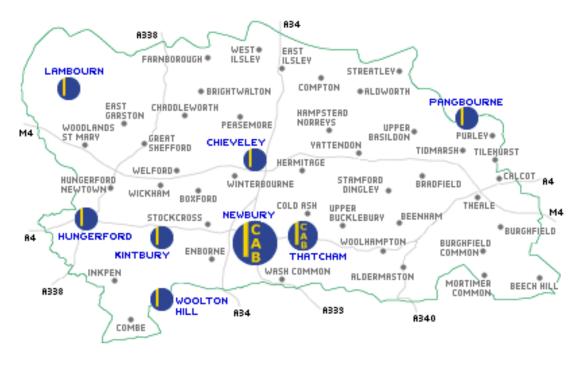
Monday 1st July 2013

- Newbury Tesco outreach stand. Over 13 speak out forms, raising awareness good location. Hard getting people's attention, need to get away from people thinking we are asking for money donations.

Monday 8th July 2013

- Hungerford Tesco outreach. Over 17 speak out forms, raising awarenness and several enquiries.

Map included to show all areas in West Berkshire where will be targetting outreach / varying depending on location and community (test phase of outreach underway)



Further Outreach analysis

Areas for the summer outreach work:-

Locations and further work being researched for areas within: Lambourn, Pangbourne, Chievely and Thatcham. More research into good locations / responses.

→ Rural area locations also being gathered as meetings progress with different community organisations.

Outreach for later in the year which is already booked:-

- Outreach stand at Lambourn Co-op is booked for 12th August
- Stand at the Newbury Community Hospital / week to engage with patients and staff. 2 dates spanning w/c 23rd September and w/c 25th November.

Web / Social Media

Website most visited - Get involved, Volunteer, news and events. Working with this to change the look of the site to include what viewers are looking at most. Integrate the analytics into how we re-shape the content. Visits to site include: 843 visits, over 5000 page views, 38.3% returning visitor, 61.7% new visitors.

Facebook / twitter - engagement going well, updates and photos all posted as we are on the road and posting out. Between both sites we have over 300 followers and have had several re-tweets and posts out by larger groups (@NewburyBerkshire, @VisitNewbury, @TheBreeze and @BASIC) - these 'shout out's' online have contacted an audience virally over 3000 people.

Partnership Campaign / Charity Organisations

→ Contact already made with variety of NCVO's introducing Healthwatch West Berkshire. Raising awareness of who we are achieved. Launching a partnership working campaign falls in line with getting more people on board.

Outline

Partnership contact campaign out to West Berkshire relevant groups/charities (health / social care / disability charities) to ask if our details can be displayed on their sites - in turn we have a page on ours where we add them vice versa.

Outcomes hoped

Help us get out to more places / show up on more landing pages. We can then include relevant updates onto our HW site from these places too. Integrating more news and events onto our own pages.

Ongoing Strategy for next 6 months

Development level - passed

Delivery levels: April - June

- Local groups collated / locations and database in use
- Distribution of information to areas of interest / surgeries and local health groups contacted
- Community engagement work
- Promotion of Local Healthwatch to wider community acknowledging marketing and branding guidelines
- Continued attendance of statutory meetings
- Review processes, test engagement to various areas and groups and keep track of outcomes
- Gather information and publish any National changes which could impact locally
- Establish feedback to track and set out next steps in engagement

Continued marketing delivery July 2013 - March 2014

- Continued development of database, research and test into displays for public to access information
- Website analytics: implement changes to information layout in line with web analytics (pages visited / what information is used most and more relevant etc.)
- Research, book and carry out further Community Engagement events (developed using feedback from current outreach and 'on the road' events)
- Vulnerable groups and smaller community research and outreach
- Drive of outreach programme: Champions/ Volunteers and NCVO network to establish clear contact and engagement of wider communities
- Community engagement work
- Promotion of Local Healthwatch to wider community acknowledging marketing and branding guidelines
- Continued attendance of statutory meetings
- Regular database cleansing
- Quarterly newsletter and survey/poll to keep engagement and distribution of information current (July summer newsletter / October Autumn news etc.)
- Carry out work relating to any needs/input required after any consultation with citizens of West Berkshire on areas being commissioned, delivered and developed in line with local agendas
- Regular information sharing

Images of Recent Outreach



Images of Recent Outreach



Section 3 - Referrals and Telephone Enquiries

Telephone Enquiries

There were 284 telephone calls received by Newbury. The majority of these were from professionals or vso's.

There were 7 referrals and 18 0800 calls, all of which were signposted. Nothing was received from SEAP.

Advocacy Referrals

Healthwatch have referred one case to SEAP this quarter.

Appendices

Events

	Events attended					
Event	Date	Who attended	Comments and notes	Overview / outcomes / summary to include in reports and newsletter.		
West Berkshire Independent Living Network Personal Budget Meeting	19 April 2013	Man Liu	The aim of the meeting is to find out if the personal budget is working well as it's designed to give service users more choice and control over the support they receive.	West Berkshire Independent Living Network gave a presentation, followed by open discussion. There is a general fear about the welfare reform and reduction in adult social care budgets. Other comments as: 'Currently there is only 1 brokerage, that's not enough.' 'Don't know where to look for information' 'All the service providers and organisations should work together.' 'People with mental health problems should be given more support.' 'Personal budget is working well for some people but not so well for others.' 'The new Universal Credit will require people to budget and usually be made monthly, which will be difficult for some people.'		
Newbury Mental Health Forum meeting	29 April 2013	Man Liu	A regular meeting for people, organisations and service providers to discuss mental health issues	Issues discussed: 'NHS, local authority, housing, police, and other various groups should talk to each other when dealing clients with mental health problems'; 'There are still lots of provision gaps'		
Newbury & District CCG Meeting	02 May 2013	Adrian / Man Liu	Governing Board Meeting Held in Public	The meeting discussed Commissioning Plan for 2013/14, Finance and Performance, Complaints Policy, Safeguarding Children and Adults at Risk Policy.		

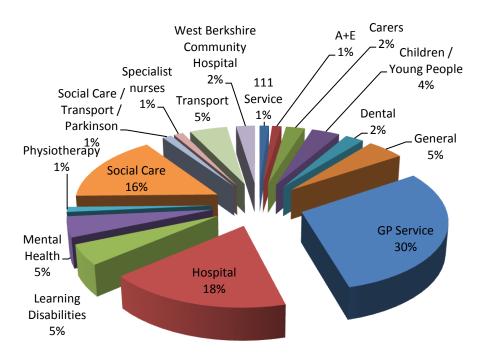
	Events attended				
Event	Date	Who attended	Comments and notes	Overview / outcomes / summary to include in reports and newsletter.	
West Berkshire Council Social Care Annual Report Consultation Event	10 May 2013	Man Liu	The Local Account is the annual report which shows how well West Berkshire Council has performed. It helps to make adult social care services more accountable to the local community. This event is give people a say to help decide on the priorities for next year's report.	Event was well attended. Presentation by Council followed by group discussions. Views are: 'Council only mentioned their achievements, need to talk more about what areas need to improve.' 'There is too much jargon and not enough pictures.' 'How does the West Berkshire adult social care service compare with national average?' 'How will Healthwatch scrutinise the local adult social care services?' 'Supporting carers should be the top priority.' 'Adult Social Care services should be transparent.' 'Local Account should have an easy read version'	
West Berkshire Learning Disability Partnership Board Meeting	15 May 2013	Heather / Man Liu	A regular meeting regarding learning disability issues	Heather gave a presentation about Healthwatch. There were also 2 presentations about some current public consultations held by West Berkshire Council: 'Supporting Adults with a Learning Disability Policy' and 'Social Care Eligibility Criteria Consultation'. People's views are 'It's important to support people with learning disabilities live independently.' 'Individuals with a learning disability will need support in completing the consultation.' 'The MARD form is long and complex and so many of the questions are not applicable to someone with a learning disability.' 'There seem to be a lot of consultations taking place at the moment and that it's becoming increasingly confusing.'	
'Mental Health Day' Planning Meeting	16 May 2013	Man Liu	A group discussion about joint organising an event on 10th Oct 2013	Healthwatch engaged with BHFT, Eight Bells, Sport in Mind in planning possible activities across West Berkshire to promote Mental Health Day. A good opportunity for HW to reach out to the community and hear people's views about local health and social care services.	

		Eve	ents attended	
Event	Date	Who attended	Comments and notes	Overview / outcomes / summary to include in reports and newsletter.
RBH Patient Partnership Standing Conference	17 May 2013	Adrian	It was mainly an information giving event	
Newbury Mental Health Forum Meeting	20 May 2013	Man Liu	A regular meeting for people, organisations and service providers to discuss mental health issues	Issues brought up: 'People with mental health problems find it's difficult to engage with GPs'; 'Suicide prevention is a big task on mental health agenda'
6 Healthwatch & BHFT Meeting	22 May 2013	Heather / Adrian	This was the first meeting that all the leads attended.	The meeting discussed Commissioning Plan for 2013/14, Finance and Performance, Complaints Policy, Safeguarding Children and Adults at Risk Policy.
SEND Consultation	22 May 2013	Man Liu	West Berkshire Council is currently updating its SEN and Disability Strategy. This consultation is for the Council to develop its services for children and young people with special educational needs and disabilities.	A consultation meeting seeking views about council's Strategy for children and young people with special educational needs and disabilities. People said 'The consultation paper is long and full of jargon and difficult to understand.' 'The council should provide more respite and short-break services to families with SEND children.' 'All the relevant information should be assembled together and given to parents as soon as their children being diagnosed.' 'Special training for teaching children with special needs should be given to teachers in mainstream primary/secondary schools.' 'Transition between children and adult social care services isn't working well.'
Reading & District Parkinson's Society meeting	05 June 2013	Heather	Heather gave a presentation about HW	A good reception from about 52 people. Speak out forms were distributed after the presentation about Healthwatch and thirty responses were received.
Care Quality Board Meeting	11 th June 9.30- 11.30pm	Heather	The meeting was a review of current practice and problems encountered.	This is not a meeting at which Healthwatch should become involved as it could compromise future action of prior knowledge and outcomes of some instances were later to require investigation.

	Events attended				
Event	Date	Who attended	Comments and notes	Overview / outcomes / summary to include in reports and newsletter.	
Healthwatch & WBILN Joint Event 'Keep Caring and Carry On?'	14 th June 10.30am- 1pm	Heather / Man Liu / Waheeda / Martha	An event for people who work in voluntary / community organisations that provide advice and / or support for disabled people and/or those with long-term health conditions.	The aims are to identify and understand the: Impact of welfare reform and budget restraint; Challenges for voluntary and community organisations; Opportunities for working together. Heather gave a presentation about Healthwatch, then Mick gave a presentation about welfare reform. Followed by group discussions: impact on disabled people of welfare reform and adult social care budget cuts; challenges for our organisations; and opportunities for our organisations. Many comments, such as 'Excellent opportunity to network with other agencies and to start the process of utilising Healthwatch - imperative that we make use of this fantastic opportunity.' Several people said they would be interested in attending similar events in the future, maybe different in theme.	
Newbury Mental Health Forum Meeting	24 th June 11am- 12.30pm	Man Liu	A regular meeting for people, organisations and service providers to discuss mental health issues	Community Mapping - Teams/Departments have been asked to provide information about their own service. 'Service users need to be able to obtain information on all services' The forum needs to involve more service users.	
Newbury Culture Fest	29th June 12-4pm	Heather / Faith	Culture Fest is a local celebration of people at Newbury Racecourse with food stand, clothes stalls and many information stands. There are also Charity stands and cultural group demonstrations	This event was well attended by residents all over West Berkshire and surrounding areas. The Healthwatch West Berkshire outreach stand gained a lot of interest and had multiple people visit the stand for more information. There were over 23 people who completed speak out forms and 7 people who signed up to be Healthwatch Champions.	

Speak Out

A large variety of comments were received on a wide range of areas. Of these, the 3 largest areas were GP Service 30%, Hospital 18% and Social Care 16%. Around 38% of the comments received were positive and a lot of these were complimentary towards their local surgery and dentists.



Date	Issue Key	Brief description of Issue / comment	Where Issue was gathered - including speak out form / phone / email
19/04/13	Social Care	Worry about the welfare reform and reduction in adult social care budget.	West Berkshire Independent Living Network Personal Budget Meeting
19/04/13	Social Care	For the personal budget, currently there is only 1 brokerage, that's not enough.	West Berkshire Independent Living Network Personal Budget Meeting
19/04/13	General	All the service providers and organisations should work together.	West Berkshire Independent Living Network Personal Budget Meeting
19/04/13	Mental Health	People with mental health problems should be given more support.	West Berkshire Independent Living Network Personal Budget Meeting

Date	Issue Key	Brief description of Issue / comment	Where Issue was gathered - including speak out form / phone / email
19/04/13	Social Care	Personal budget is working well for some people but not so well for others.	West Berkshire Independent Living Network Personal Budget Meeting
19/04/13	Social Care	The new Universal Credit will require people to budget and usually be made monthly, which will be difficult for some people.	West Berkshire Independent Living Network Personal Budget Meeting
22/04/13	West Berkshire Community Hospital	5 Stars! My wife was in one of the rainbow rooms on Highclere Ward for the final few weeks of her life. The quality of care was truly remarkable from all of the staff. The nurses and healthcare assistants were amazingly dedicated, professional and hard working a perfect example of what hospital care should be. Her health was progressively deteriorating to the point where she needed a high level of support which was given with consistent sensitivity and outstanding devotion. When I received the phone call in the early hours of one morning informing me that she had passed away the call was sensitive and from a nurse we knew well	NHS Choices
23/04/13	Transport	Transport is a big issue for elderly and disabled people, when they cannot get out of their houses, they live in isolation.	Meeting with Enrych
29/04/13	Mental Health	NHS, local authority, hosing, police, and other various groups should talk to each other when dealing clients with mental health problems	Newbury Mental Health Forum meeting
10/05/13	Social Care	Supporting carers should be the top priority.	West Berkshire Council Social Care Annual Report Consultation Event
10/05/13	Social Care	Social Care services should be transparent.	West Berkshire Council Social Care Annual Report Consultation Event
15/05/13	Learning Disabilities	It's important to support people with learning disabilities live independently.	West Berkshire Learning Disability Partnership Board Meeting
15/05/13	Learning Disabilities	The MARD form is long and complex and so many of the questions are not applicable to someone with a learning disability.	West Berkshire Learning Disability Partnership Board Meeting
17/05/13	West Berkshire Community Hospital	Shame the paperwork let hospital down.	NHS Choices
20/05/13	Mental Health	People with mental health problems find it's difficult to engage with GPs	Newbury Mental Health Forum meeting

Date	Issue Key	Brief description of Issue / comment	Where Issue was gathered - including speak out form / phone / email
20/05/13	Mental Health	Suicide prevention is a big task on mental health agenda	Newbury Mental Health Forum meeting
21/05/13	Physiotherapy	As someone with a long term condition (Thalidomide impairments) I have been using a local (private) Physiotherapy clinic and for the past 7 - 8 years they have, with various treatments (acupunture, massage, laser, ultrasound, manipulation, recommended exercise) kept me off pain medication. This is something I have to pay for privately, but I wish that so many others with conditions that cause daily muscular skeletal pain should have access to this sort of treatment - if it works for them	Email
22/05/13	Children / Young People	The council should provide more and suitable respite and short-break services to families with children having special educational needs.	SEND Consultation
22/05/13	Children / Young People	All the relevant information should be assembled together and given to parents as soon as their children being diagnosed of having special educational needs	SEND Consultation
22/05/13	Children / Young People	Special training for teaching children with special educational needs should be given to teachers in mainstream primary/secondary schools.	SEND Consultation
22/05/13	Social Care	Transition between children and adult social care services isn't working well.	
30/05/13	111 Service	I called 111 service at the weekend, had to wait for more than 40 min for a call back	Meeting with Alice
05/06/13	GP Service	Very happy with my GP	Hungerford Resource Centre
05/06/13	Hospital	My husband and I had a few hospital visits, all went well.	Hungerford Resource Centre
05/06/13	Dental	ADP in Hungerford Berkshire Rg170BN. Always polite and I had to have filling replaced. I didn't feel the injection and it was an excellent job. Thank you to Ajay.	Patient Opinion website
05/06/13	GP Service	Hungerford was very difficult to get appointments	Parkinson's Society
05/06/13	Hospital service	Lack of dedicated Parkinson nurse at the hospital	Parkinson's Society
05/06/13	Hospital service	Parkinson nurse needs to be funded again	Parkinson's Society
05/06/13	Hospital service	Lack of dedicated Parkinson nurse in the future will make it very difficult to get proper attention	Parkinson's Society

Date	Issue Key	Brief description of Issue / comment	Where Issue was gathered - including speak out form / phone / email
05/06/13	General	Not enough information given to the public about Parkinson's and sufferers are often treated poorly	Parkinson's Society
05/06/13	General	Disability living allowance changes will cause problems	Parkinson's Society
05/06/13	General	Excellent and considerate help given by the practice nurse	Parkinson's Society
05/06/13	Transport	More hospital transport is needed	Parkinson's Society
05/06/13	Transport	Hospital visits very satisfactory. Doctors very helpful. Overall my experiences have always been positive. However transport to hospital have been difficult and hospital car has occasionally not arrived.	Parkinson's Society
14/06/13	GP Service	St John Surgery is excellent. When my children have been ill, I have been able to get an appointment that day. Dr H Wallis our GP is excellent, caring and very considerate.	'Keep Caring and Carry On' Event
14/06/13	West Berkshire Community Hospital	Last Monday, I took a friend to Newbury Community Hospital as she had hurt her knee. We went into the Minor Injuries Unit, been seen straightaway, and the staff explained the service very well.	'Keep Caring and Carry On' Event
14/06/13		Communication between health and social care needs to be improved	'Keep Caring and Carry On' Event
14/06/13	Specialist nurses	Cover for specialist nurses - currently there is none.	'Keep Caring and Carry On' Event
14/06/13	GP Service	My GP surgery service is fantastic, no problem there at all.	'Keep Caring and Carry On' Event
14/06/13	Social Care	I think there isn't enough choice in Social Care in terms of access	'Keep Caring and Carry On' Event
14/06/13	Social Care	Advocacy for vulnerable groups is an essential service. Must not be dismissed by cuts. Healthwatch must highlight this concern.	'Keep Caring and Carry On' Event
14/06/13	GP Service	Excellent GPs in West Berkshire	'Keep Caring and Carry On' Event
14/06/13	Social Care	Worry about Eligibility Criteria, impact on older people and disabled people affected by cuts in Social Care.	'Keep Caring and Carry On' Event
14/06/13		In most cases I have been happy re health professionals.	'Keep Caring and Carry On' Event
14/06/13	Social Care	More young members for Torch Club. Help with funds. More transport.	'Keep Caring and Carry On' Event
14/06/13	Learning Disabilities	Work with Adult with learning disability. What changes to social care will affect our clients?	'Keep Caring and Carry On' Event
14/06/13	Learning Disabilities	Annual Health checks for people with learning disabilities and carers are an excellent service. Still services are better from some surgeries than others. More	'Keep Caring and Carry On' Event

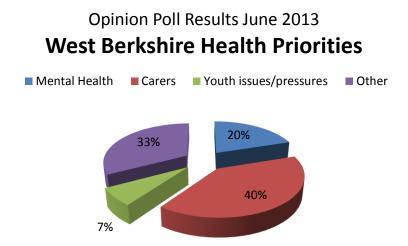
Date	Issue Key	Brief description of Issue / comment	Where Issue was gathered - including speak out form / phone / email
		consistency across the county would be ideal.	
14/06/13		Overall generally my experiences have been very positive regarding health services and care in West Berkshire. I personally have not had to engage with social care services so am not in a position to comment.	'Keep Caring and Carry On' Event
14/06/13		Excellent opportunity to network with other agencies and to start the process of utilising Healthwatch - imperative that we make use of this fantastic opportunity.	'Keep Caring and Carry On' Event
24/06/13	Social Care / Transport / Parkinson	Transport is a big problem. We have been most grateful for transport just by Woodley Volunteers. Age C offers many services - but it is so hard to access all the help that you need when you are new to the area and have hearing, mobility problems and arthritis. The "Home from Hospital" project was excellent but too short. Please could you look at how to bring together services all users/potential users? We feel we are only just coping - our relatives think we are! I have had a computer for 10 years but can now hardly type - hoping to learn to use speech recognition software soon. What about IT 80+ group? To many it is too late to start learning computing. You definitely need a relative or friend also! Computer literate to teach and help you with PC, webcam	Post
29/06/13		Good stuff	West Berkshire Culture Feast
29/06/13		I would like to know more please - good communication	West Berkshire Culture Feast
29/06/13		Love my staff	West Berkshire Culture Feast
29/06/13		Visiting area and had to be Thatcham and very good staff. Received excellent care.	West Berkshire Culture Feast
29/06/13	GP Service	My GP is great and very friendly. But overall services are bit slow.	West Berkshire Culture Feast
29/06/13	Bill Nichols	I think the NHS is absolutely wonderful. You should go to Egypt and then you would appreciate it.	West Berkshire Culture Feast
29/06/13	Hospital	I think we should have a full emergency centre here. Going to Reading or Basingstoke is difficult.	West Berkshire Culture Feast
29/06/13		Macmillan nurses - very poor service, don't use it every week.	West Berkshire Culture Feast

Date	Issue Key	Brief description of Issue / comment	Where Issue was gathered - including speak out form / phone / email
29/06/13	Carers	More support in and out of the home for carers. Age no object.	West Berkshire Culture Feast
29/06/13	GP Service	The GP was always helpful	West Berkshire Culture Feast
29/06/13		There is a need for 24-hr health clinics to ease the burden on A+E department, the ambulance service and provide a better service for patients	West Berkshire Culture Feast
29/06/13	Carers	Health carers should get more pay, what they are getting now is nothing.	West Berkshire Culture Feast
29/06/13		Recently in new scientist, there was a report on Sweden, Denmark and Norway where they national sell all bonds post 2008 and they sorted out their deficit without with drawing vulnerable services. Perhaps the government would take a leaf from their book and deal with our nationwide debt without with drawing much needed services?	West Berkshire Culture Feast
29/06/13		Generally good service but I feel there is no benefit health wise for the middle class healthy no benefits	West Berkshire Culture Feast
29/06/13	GP Service	My feeling of Lambourn GPs are very supportive, especially with carers + special needs services. Help and understand the need to see GPs early.	West Berkshire Culture Feast
29/06/13	Hospital	I have a fairly major health problem, and had surgery in 2010 as a part of ongoing treatment. I have no complaints at all about my medical care. However what I do object to is the number of questionnaires I have been given, even as I left intensive care. Too many questionnaires, not enough care staff.	West Berkshire Culture Feast
29/06/13	Hospital	Waiting times are long and worrysome. Service at hospital ie Royal Berks and Basingstoke is good and organised. Parking could be improved for Royal Berks as its too expensive.	West Berkshire Culture Feast
29/06/13		Service would be more efficient, if people cancelled unwanted appointments	West Berkshire Culture Feast
29/06/13		Mostly favoured their services good	West Berkshire Culture Feast
29/06/13	A+E	Get a 24 hr A+E at West Berkshire	West Berkshire Culture Feast
29/06/13	GP Service	Hungerford Surgery has always been helpful, supportive and interested in the needs of my disabled son	West Berkshire Culture Feast
29/06/13	Hospital	Hospital visits very satisfactory. Doctors very helpful. Overall my experiences have always been positive. No complaints.	West Berkshire Culture Feast
29/06/13	Hospital	I am waiting for an operation at Basingstoke Hospital, would like to know why it cannot be done sooner than 25 September. Seems a long time.	West Berkshire Culture Feast

Date	Issue Key	Brief description of Issue / comment	Where Issue was gathered - including speak out form / phone / email
01/07/13	GP Service	Difficulty in making routine appointments when phoning up. I am with Thatcham Medical Practice.	Newbury Tesco Outreach
01/07/13	Social Care	While working as an Age UK volunteer, I noticed care workers coming in and leaving without carrying out their duties, yet booking full time. This seems to be a regular practice.	Newbury Tesco Outreach
01/07/13	Hospital	Visits to hospitals, the staff are friendly, but over worked.	Newbury Tesco Outreach
01/07/13	GP Service	We are very pleased with our GP - Fanklands Surgery	Newbury Tesco Outreach
01/07/13		Care workers and nurses should be paid more	Newbury Tesco Outreach
01/07/13	GP Service	We have the most wonderful doctor at Burdwood Surgery (Thatcham), Dr Bahia. The receptionists are also great, my son is disabled and they always manage to slot him in somewhere.	Newbury Tesco Outreach
01/07/13		I am a patient at Thatcham Medical Practice and never have a problem getting appointments. Am also a patient at Cedar Dental Care who I cannot praise enough.	Newbury Tesco Outreach
01/07/13	GP Service / Hospital	Cannot find fault of my GP Surgery or Dentist. Royal Berks Rheumatology department cannot be any better, the whole team just wonderful.	Newbury Tesco Outreach
01/07/13	GP Service / Dental Surgery	A lot of new houses in Thatcham, but no new GP surgeries / dental surgeries. Need more facilities.	Newbury Tesco Outreach
01/07/13		Manufacture should let GPs know when medicines are out of production for a period	Newbury Tesco Outreach
01/07/13	GP Service	Visited GP recently and was made to feel unwelcome. He gave a totally incorrect diagnosis which resulted in me having to return to see someone else to diagnose correctly.	Newbury Tesco Outreach
01/07/13		New doctors surgery needed. Only 2 in Thatcham - appointments, long wait.	Newbury Tesco Outreach
01/07/13		Must say, I've had no complaints and as I have HASHIMOTO's disease I do need to see doctor regularly, so feel more than happy.	Newbury Tesco Outreach
08/07/13		My experience of the NHS always been positive	Hungerford Tesco Outreach
08/07/13		Praise for good service	Hungerford Tesco Outreach
08/07/13	GP Service	Lambourn Surgery is excellent	Hungerford Tesco Outreach
08/07/13	GP Service	Hungerford NHS dental surgery not very helpful and only checks teeth, not a reliable dentist, when questioned was told to pay the dental hygienist.	Hungerford Tesco Outreach

Date	Issue Key	Brief description of Issue / comment	Where Issue was gathered - including speak out form / phone / email
08/07/13	Hospital	My wife is a recovering cancer patient, but recent visits to Royal Berks Have highlighted the cost of parking, and the lack of it. Also even early in the morning, appointment times are not adhere too, at least 30-90 minutes wait	Hungerford Tesco Outreach
08/07/13	GP Service	Can't speak too highly of my GP surgery - prompt, Kind, efficient.	Hungerford Tesco Outreach
08/07/13	GP Service	Surgery - Lambourn, Extremely happy with service. Brilliant!	Hungerford Tesco Outreach
08/07/13	Hospital	Royal Hospital, cannot find faults	Hungerford Tesco Outreach
08/07/13		Too much paper work (for health professionals) to do the job properly.	Hungerford Tesco Outreach
08/07/13	GP Service	Happy with my GP Surgery, but not my doctor	Hungerford Tesco Outreach
08/07/13		Long time to get in touch with appointments and lack of communication	Hungerford Tesco Outreach
08/07/13		The croft Service, very happy with service. Hospital experiences have all been good	Hungerford Tesco Outreach
08/07/13		The Croft Surgery - take a week to see GP. Patient v GP - Surgery not staffed highly enough for population.	Hungerford Tesco Outreach
08/07/13		Ramsby Service - Repeat prescriptions not delivered or collected by chemist.	Hungerford Tesco Outreach
08/07/13	GP Service	GP's that only work part-time are not worth having as you have to book an appointment 3 weeks before you are ill.	Hungerford Tesco Outreach
08/07/13	GP Service	Although Hungerford Surgery is a great doctors surgery, there is always a long wait for an appointment. Sometimes this can be more than a week's wait. This needs to be improved.	Hungerford Tesco Outreach
08/07/13		Concerned about the extra work load on doctors after PCT changed to CCG	Hungerford Tesco Outreach

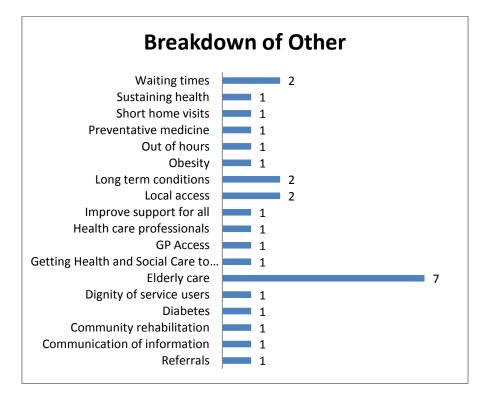
Recent Surveys



70 West Berkshire residents responded to our opinion poll asking what they considered to be the health priorities for West Berkshire.

40% of the people answering the survey said **Carers** was the main priority, 20% chose **Mental Health** and 7% chose **Youth Issues/pressures**.

The remaining 33% chose **Other** and the majority here (26%) was for **Elderly care**. Some of those chose Other so that they could give more than one priority and we were reminded not to forget social care.



Web Statistics

There were 492 unique visitors to the site during the quarter and 781 visits. Over 38% of the visits were from returning visitors. There were 4,773 page views averaging just over 6 pages per visit. Visitors to the site averaged almost 4 minutes per visit. April received both the most visits for the quarter (201) and the most page views (2191).

The majority of Traffic* was from Referral traffic (36.2%) and Search traffic (32.9%) while the remainder was split between Direct traffic 22% and Campaigns 8.8%.

**Bounce rates scored 0% across the entire site and exit rates were also extremely low scoring an average of 14.4% across the site.

The most popular page after the home page this quarter was Get Involved - Volunteer.

*Traffic Explanation

Source: Every referral to a web site has an origin, or source. Possible sources include: "google" (the name of a search engine), "facebook.com" (the name of a referring site), "spring_newsletter" (the name of one of your newsletters) and "direct" (visits from people who typed your URL directly into their browser, or who had bookmarked your site).

Campaign is the name of the referring AdWords campaign or a custom campaign that you have created.

**Bounce Rate

Bounce rate is the percentage of visits that go only one page before exiting a site.

There are a number of factors that contribute to your bounce rate. For example, visitors might leave your site from the entrance page if there are site design or usability issues. Alternatively, visitors might also leave the site after viewing a single page if they've found the information that they need on that one page, and had no need or interest in visiting other pages.

Exit Rate

An Exit page is the last page viewed before the visitor exits the site.

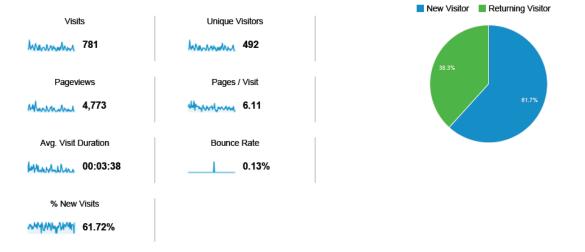
Information taken from Google Analytics

Daily Breakdown of Visitors to Site

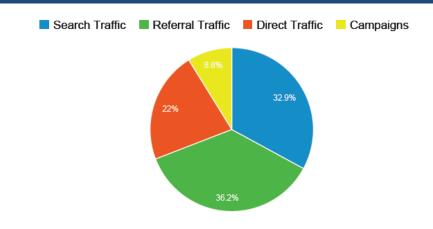


Site Usage





Traffic Sources Overview



Page Breakdown: Most Popular Pages/Posts scoring 50+ visits

Page	Pageviews
Home page	1,573
/get-involved/volunteer/	272
/find-services/	222
/get-involved/	212
/about/contact/	196
/faqs-2/	170
/about/register/	156
/about/	152
/speak-out/	152
/category/news/	138
/scarlet-fever-outbreak-in-lambourn-posted-friday-12th-april-2013/*	102
/what-is-healthwatch/	88
/about/meet-the-board/	86
/events-2/	71
/get-involved/voluntary-organisations/	62
/west-berkshire-health-priorities-our-opinion-poll-results-posted-050613/*	62
/west-berkshires-gps-have-now-officially-taken-over-the-commissioning- of-health-services-in-the-local-area/*	55
/get-involved/clinical-commissioning-groups/	50
/take-part-in-our-opinion-poll-healthwatch-priorities-for-west-berkshire- posted-170513/*	50

*News items

Social Media Stats

Facebook

38 Likes •

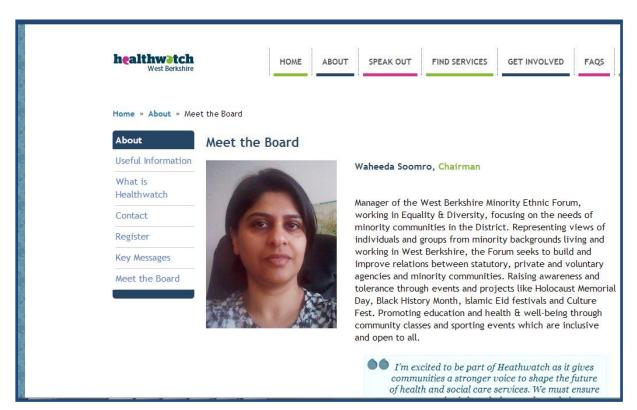
• 106 Status updates

Twitter

- 288 Followers •
- 548 Following 193 tweets •
- •

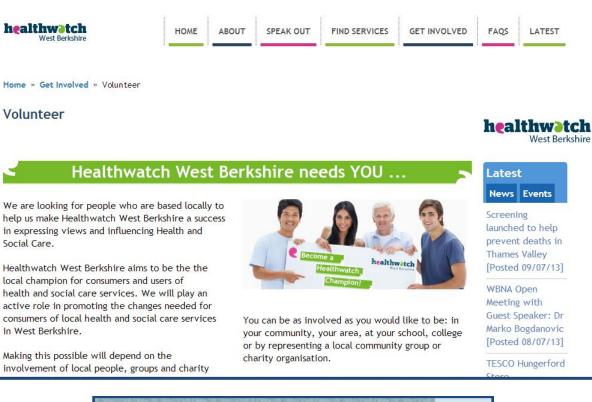
Screenshots from Website and Social Media Sites





First Quarter Report April - June 2013

healthwatch West Berkshire	HOME ABOUT	SPEAK OUT	FIND SERVICES	GET INVOLVED	FAQS LATEST	r
Home » Speak Out						
Speak Out					1	
Speak out				2	healthw West B	erkshire
Have your say about the local health ar	nd social care servi	ces in vour area	. The more detail	vou can give us.	Latest	
the better able we will be to investiga like to register to hear about updates t	te your feedback.	Please complete			News Events	
Name					Screening launched to help	•
					prevent deaths i Thames Valley	n
Email					[Posted 09/07/13	3]
					WBNA Open Meeting with	
Type of feedback Complaint					Guest Speaker: [
Message					Marko Bogdanov [Posted 08/07/13	
					TESCO Hungerfor	rd
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NHS Choices is the online 'front door'		- 1 - 51			Latest	
It is the country's biggest health websit	e and gives		arest local Heal 1 the links be l 0		News Events	
all the information you need to make ch your health.You can find information ab	out	60			Screening launched to hel	D
hospitals, GPs and dentists and urgent ca as basic contact details, you can also fir		(C)	SI AN	257	prevent deaths	
from other people about what they thir these services.It's not just limited to NH					Thames Valley [Posted 09/07/	13]
information. You can also find informati other services in your area (often provi	on about	GPs			WBNA Open	
charities) that can help you with condit	ions from	A&E			Meeting with Guest Speaker:	Dr
Alzheimers through to weight loss. The Quality Commission checks all hospital	s, dentists, 🔹 🔹	Hospitals			Marko Bogdano [Posted 08/07/	vic
care homes and care services to see if 1 national standards. You can find out what	at they		oitals for treatme	nt	TESCO Hungerf	-
have to say about these services in you	r area by 🔹 🔹	Dentists			resco nungern	







HWWBILN Joint Event Report

Keep Caring & Carry On

A networking workshop for voluntary organisations providing support for disabled people and/or carers

Contents

- 1. Introduction
- 2. Notes from discussions
- 3. Evaluation highlights
- 4. Appendices:
 - A. Healthwatch West Berkshire presentation
 - B. West Berkshire Independent Living Network presentation

1. Introduction

Aims of the workshop

The aims of the workshop were to identify and understand the:

- Impact of welfare reform and budget restraint on the people our organisations support;
- Challenges for voluntary and community organisations;
- Opportunities for working together to improve local services.

Who the workshop was for

This event was for people who work or volunteer in community based organisations that provide advice and/or support for disabled people, including:

- People with mental health needs, learning difficulties, physical and/or sensory impairments.
- People with long term health conditions e.g. diabetes, dementia, cancer.

What was included

Presentations

- Heather Hunter, Chief Executive of Family Resource Centre UK / Lead Officer of Healthwatch West Berkshire, explained the role of Healthwatch West Berkshire.
- Mick Hutchins, Chair of West Berkshire Independent Living Network, gave an overview of recent welfare benefit changes and reductions in social care provision.

Information sharing and discussions

The presentations were followed by discussions in two groups, each looking at:

- The impact felt by individuals (the people supported by our organisations) of recent changes in welfare benefits and social care cuts.
- The challenges faced by organisations as a result of the changes and the impact on those we support.
- What we (in our organisations) can do in response to the changes and the challenges.

Networking

An optional buffet lunch was provided during which attendees could network. While some people did not stay for lunch, others who were unable to attend the main event came to this part only.

2. Notes from the discussions

Impact on individuals of welfare reform and budget cuts

- People not affording "meals".
- People losing valued activities.
- Nowhere to go, nothing to do.
- Loss of travel tokens means more isolation.
- Catastrophe for families due to disabilities of parents or children.
- Cuts in benefits.
- Housing benefit cuts will mean breakdown of families.

- Knowing the way round the system not all are IT literate.
- Where to go for advice?
- Online applications.
- Communication (lack of).
- No transparency.
- "Underserving poor" and disabled people.

Impact on organisations of welfare reform and budget cuts

- Fairclose day centre has had to put up cost of meals. It may close due to lack of people attending.
- Meals on Wheels numbers dropping.
- Services that support activities, and drop-ins, are stopping.
- Reduction in core grants of 10% or more.
- Unlikely to have continued funding.
- Two years funding what then? Will have to widen service.
- Reduction in grants means reduction in paid staff. Relying on volunteers and unpaid staff.
- Impact on social care puts pressure on healthcare services, which are also under financial pressure.
- More demand on charities and small organisations.
- Need for clear info about funding sources.
- Form filling complex and time consuming.

What can we (our organisations) do?

- Feeding back and telling stories.
- Case studies and outcomes.
- Complain to relevant person in the first place, then feedback to Healthwatch.
- Networking and working together.
- Sharing information.
- Use Access for All West Berkshire Council resource.

- Respond to consultations.
- Issues with local council use local councillors (individuals and organisations).

Messages for statutory agencies.

- West Berkshire Council to have qualified staff to help people with adult social care problems.
- One contact number.
- West Berkshire Council to put Support with Confidence to use.
- Minimise block contracts and tendering.

3. Evaluation highlights

- 11 forms were returned.
- 9 people said facilitation, venue and networking were excellent.
- All but one person either agreed or strongly agreed that the aims had been achieved.
- 7 people said they would be interested in coming to more events like this. Topics suggested included mental health and carers issues.
- 10 people said the event was thought-provoking, 9 that it was informative, 7 that it was interesting.
- Comments included:
 - "Excellent opportunity to network with other agencies and to start the process of utilising Healthwatch – imperative that we make use of this fantastic opportunity."
 - "Very good presentation from Mick Hutchins spot on!"
 - "Advocacy for vulnerable people is an essential service, must not be dismissed by cuts. Healthwatch must highlight concern."

Marketing Literature & Photos



Healthwatch West Berkshire First Quarter Report April - June 2013

healthwatch

West Berkshire



Please call the Healthwatch West Berkshire team or visit the Healthwatch West Berkshire website to find out more. Details on how to get involved and how to share your views can all be found on the website.

Visit us online and get involved: www.healthwatchwestberkshire.co.uk www.facebook.com/healthwatchwestberkshire www.twitter.com/HealthWWBerks

The Healthwatch West Berkshire team can also send you details and information through the post should you be unable to use the website. If you require a copy of this document in a different format or large print contact us. Tel: 0118 969 5137 or our

free phone number:0800 977 4371 Email us:

contact@healthwatchwestberkshire.co.uk

STAY IN TOUCH - CALL TO ACTION We would like to hear from you about your experiences of health and social care services in West Berkshire. Give us your views either online, by post or over the phone and stay updated with the latest developments.

Your name (optional)

Email address

Contact details (address / preferred contact)

Comments

No personal details will be shared or published anywhere without

Family

Centre

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Resource

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Share your experiences and give us

view

What is Healthwatch West Berkshire?

Healthwatch West Berkshire is working in the community to gather views and experiences of health and social care services. The ambition of Healthwatch West Berkshire is to shape the future of health and social care services based on local needs and experiences.

People rarely speak up, for fear of repercussions or because they don't think they can make a difference.

Healthwatch West Berkshire is an opportunity for the public to use its voice to have real influence for children, young people and adults. You can be involved in shaping local services according to what your community wants and needs.

Share your views, get your voice heard!





Get Involved

Healthwatch West Berkshire will only function properly with the involvement of local people, groups and charity organisations.

By supporting us, joining with us and taking part we can gather a lot of evidence about real views and experiences. We can then use that evidence to tell services about your experiences and hold them to account.

We are looking for Individuals who are based locally to become Healthwatch Champions and Charities to join us to benefit members. We want to create a network of Healthwatch Champions and partners right across West Berkshire. Champions will have two main roles:

 Promoting Healthwatch West Berkshire in their local area. Letting people know what it is and how to get in touch.

 Being the eyes and ears in their local groups and organisations, feeding back experiences.

Get in touch, get involved!

Why Healthwatch West Berkshire

Healthwatch West Berkshire launched in April 2013, we are in the community gathering your views and experiences. Come and talk to us. Your words will make a real difference. We will play an active role in promoting the changes needed for local health and social care services in West Berkshire.

Together we can create a better health and social care system in West Berkshire. This is an opportunity to create a health and social care system that really meets local needs. Tell us what's going on in care services where you live. Tell us what you want, what you like and dislike. We want to hear the good and the bad.

Every voice counts, make yours count today!



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healthw West	Berkshire
Good or bad, we want to know what you think of the health care you receive in West Berkshire - so tell us what you thin This could be anything from hospital visits or appointments we dentist and optician, to your experience of family planning of visitors, and more. And it's not just healthcare we're interested in, it's social includes care for older people, and services for people with mental health problems. We'd also like to hear from carers, vital role in looking after family and friends.	nk. with the doctor, clinics, health I care too. This disabilities or
Name (Optional):	This form can also be posted to:
Email Address (Optional):	Healthwatch West Berkshire Broadway House
Type of Feedback:	4-8 The Broadway Newbury
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Comments: You can also speak out online at	
www.healthwatchwestberkshire.co.uk/speak-out/	
with further information. Information will be used in line with the	t - Your experience hape and improve alth and social est Berkshire

healthwatch West Berkshire

Your Voice on health and social care services in West Berkshire.

Have your say; share your views, make a real difference today.

We want to hear

from you.

^{Call us:} 0800 977 4371 or 0118 969 5137

Email us: contact@healthwatchwestberkshire.co.uk

Visit us online:





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